



HeartPaths DFW

offering

Certificate Programs in the Arts of Spiritual Leadership and Spiritual Direction

NEW CLASSES FORM EACH FALL IN DALLAS AND FT. WORTH AREAS

PROGRAM OVERVIEW

Since 1982 HeartPaths has been training Spiritual Directors in Oklahoma. HeartPaths opened in Dallas-Ft Worth in 2006, sponsored by the non-profit Spiritual Ministries Institute, Inc., providing a successful and recognized training and formation program for the North Texas area.

HeartPaths DFW is open to a limited number of participants who sense a gift and calling to spiritual leadership and/or spiritual direction ministry, who desire a personal spiritual discipline and who want to learn to deepen their skills and sensitivities. Participants include laity and ministry professionals who wish to learn in an ecumenical environment through the Christian story and its symbols. Participants must be willing to honor all human experience as having a place in God's revelation and be interested in a contemplative, life-affirming approach to spirituality.

HeartPaths' Nine-Month Program in Contemplative Prayer & Meditation deepens personal spiritual formation and group facilitating skills and leads to a *Certificate of Completion in the Art of Spiritual Leadership*. Those who desire and discern a calling to continue enter the second year, the Spiritual Exercises of Ignatius and may continue in the third year Practicum in Spiritual Direction. Completion of all three years leads to a *Certificate of Completion in the Art of Spiritual Direction*.

Year One: Sept –May
NINE MONTH PROGRAM

**CONTEMPLATIVE PRAYER
AND MEDITATION**

- ◆ Weekly group sessions
- ◆ Individual spiritual direction (one hour a month)
- ◆ Eight Saturday seminars
- ◆ Reading and reflective papers
- ◆ A closing project

Year Two: Sept –May

**The Spiritual Exercises of
Ignatius Retreat In Daily Life**

- ◆ Weekly group meetings
- ◆ At home prayer exercises
- ◆ Individual spiritual direction (every two - three weeks)
- ◆ Six 4-hour Seminars

Year Three: June –May

Practicum in Spiritual Direction

- ◆ Eight Saturday seminars
- ◆ Individual spiritual direction (one hour a month)
- ◆ Supervision groups (two times a month)
- ◆ Completion of Practicum project

DETAILS ABOUT YEAR ONE

WHEN

- 1. Seminar Days**, 9:00 am to 4:00 pm (one Saturday each month—except Dec.)—alternating locations.
- 2. Prayer and Meditation Groups** meet once a week for 90 minutes.
- 3. Spiritual Direction** (1 hour a month--scheduled individually).

Program Costs

Fees include one-time application fee, annual tuition and a small materials fee. Current fees will be given upon inquiry.

HeartPaths tuition includes seminars, weekly small groups and spiritual direction. Scholarships are available.

Contact us for an application form.

WHERE

HeartPaths DFW--East Campus
Community Christian Church
1300 Holly Drive at Mimosa,
Richardson, Texas 75080.

HeartPaths DFW--West Campus
First Presbyterian Church
1000 Penn St.
Ft. Worth, TX 76102

Participants are organized in small groups with a choice of meeting times and days (Thursday mornings, Thursday evenings, or Friday mornings) depending on location, class size and need.

Application and Information

Visit us at

<http://heartpathstraining.com/>

682-587-7875

heartpathstraining@gmail.com

FACULTY

Director:

Rev. Brian Hardesty-Crouch is a spiritual director and retreat leader, and a HeartPaths graduate who has served on faculty since 2009. An ordained elder in the United Methodist Church, he is the founder and president of *Holy Moments* and serves on the visiting faculty of Duke University.

Founding Faculty:

Rev. Dr. Bob Gardenhire III is the originator and founder of HeartPaths. An experienced spiritual director, ordained minister, licensed therapist, he holds a Doctor of Ministry degree from the Graduate Theological Foundation. For many years he has been an active leader in *Spiritual Directors International*.

Dr. Nancy K. Dunkerley is a Founding Director of *Spiritual Ministries Institute* and past Regional Coordinator for *Spiritual Directors International*. She holds a Doctor of Ministry from Perkins School of Theology (SMU).

Eunice Cheshire is a Founding Director of *Spiritual Ministries Institute*, an experienced Spiritual Director, and frequent retreat leader. She is a former Director of Women's Programming for Marywood Retreat Center in Jacksonville, Florida.

Additional Faculty:

- Dr. Therese Adamiec
- Ms. Cindy Alexander
- Mr. Jeff Bouis
- Rev. David Cartwright
- Dorothy Eggering SSND
- Ms. Donnie Hawley
- Ms. Karen Robertson

LEARN MORE & MEET FACULTY

HeartPaths Faculty members host informational gatherings as well as meet with those interested for individual appointments. Please call or email us. 682-587-7875; heartpathstraining@gmail.com