



HeartPaths DFW

Certificate Programs in the Arts of Spiritual Leadership and Spiritual Direction

NEW GROUPS AVAILABLE THIS FALL ONLINE AND
IN SEVERAL DFW LOCATIONS

Program Overview

In 1982 HeartPaths began training spiritual directors in Oklahoma. This training has been presented annually in the Dallas-Fort Worth metroplex since 2006.

HeartPaths DFW is open to participants who sense a gift and calling to spiritual leadership and/or spiritual direction ministry, desire a personal spiritual discipline, and want to learn to deepen their skills and sensitivities. Participants include laity and ministry professionals who learn in an ecumenical environment through the Christian story and its symbols. Participants must be willing to honor all human experience as having a place in God's revelation and be interested in a contemplative, life-affirming approach to spirituality.

Year One: September – May NINE MONTH PROGRAM

Contemplative Prayer and Meditation

- Weekly group sessions
- Individual spiritual direction
- Eight Saturday seminars
- Reading and reflection papers
- A closing project

Year Two: September - May

The Spiritual Exercises of Ignatius: Retreat in Daily Life

- Weekly group meetings
- At home prayer exercises
- Reading and reflective papers
- Individual spiritual direction
- Six 4-hour seminars

Year Three: June – May

Practicum in Spiritual Direction

- Eight Saturday seminars
- Reading and reflective papers
- Individual spiritual direction
- Supervision groups
- Completion of Practicum Report

Program Costs

Fees include a one-time application fee and annual tuition. Current fees will be given upon inquiry.

Year One

When

1. Seminar Days, one Saturday/month
2. Small Groups for Prayer and Meditation meet weekly for 90 minutes.
3. Spiritual Direction, 1 hour a month

Where

Pending enrollment, facility availability, and pandemic conditions, we hope to offer small group meetings online as well as in Tarrant, Collin, Dallas, and Denton Counties.

Groups are tentatively scheduled for mid-day Mondays, Thursday mornings and evenings, and Friday mornings.

Application and Information

Visit us at www.heartpathsdfw.com. Contact faculty at **682-587-7875** or email heartpathstraining@gmail.com for more details or to request an application. Gatherings to provide information and meet faculty are held each spring; please call for details.