HeartPaths DFW

Certificate Programs in the Arts of Spiritual Leadership and Spiritual Direction

NEW GROUPS OFFERED THIS FALL ONLINE AND IN THE DALLAS-FORT WORTH AREA

Program Overview

In 1982 HeartPaths began training spiritual directors in Oklahoma. This training has been presented annually in the Dallas-Fort Worth metroplex since 2006.

HeartPaths DFW is open to participants who sense a gift and calling to spiritual leadership and/or spiritual direction ministry, desire a personal spiritual discipline, and want to learn to deepen their spiritual skills and sensitivities. Participants include laity and ministry professionals who seek to learn in an experiential, ecumenical environment through the Christian story and its symbols. Participants must be willing to honor all human experience as having a place in God's revelation and be interested in a contemplative, life-affirming approach to spirituality.

Year One: September – May
NINE MONTH PROGRAM

Contemplative Christian Spirituality and Spiritual Leadership

- **Opening seminar**
- **Weekly 2-hour group sessions** (for prayer, meditation, and teaching on contemplative spirituality)
- **Individual monthly spiritual direction**
- **Reading and reflection papers**
- **Designing a contemplative retreat**

Program Costs

Fees include a one-time application fee and annual tuition. Current fees will be given upon inquiry. Scholarships and payment plans are readily available to all applicants.

Locations

Pending enrollment and facility availability, we hope to offer weekly small group meetings online as well as locally in the Dallas-Fort Worth area.

Year Two: September - May

The Spiritual Exercises of Ignatius: Retreat in Daily Life

- Weekly group meetings
- Daily prayer exercises
- Reading and reflection
- Individual spiritual direction
- Seminar and experiential learning

Year Three: July – May

Practicum in Spiritual Direction

- Spiritual direction training
- Reading and reflection
- Individual spiritual direction
- Supervision groups
- Skills coaching
- Completion of Practicum Report

Application and Information

Visit us at heartpathsdfw.com. Contact faculty at **682-587-7875** or email **heartpathstraining@gmail.com** for more details or to request an application. Learn about the program and meet faculty at **In-Formation Gatherings** held each spring – please email or call for details.