

**CERTIFICATE PROGRAMS IN SPIRITUAL LEADERSHIP AND SPIRITUAL DIRECTION**

**APPLICATION**

**Steps Toward Acceptance as a Participant:**

1. Submission of completed application form
2. Interview with HeartPaths DFW faculty (scheduled after the above has been received and reviewed. Bring to interview your application fee and sealed letters of reference- see below)
3. Notification of acceptance

**Qualities of Applicants**

These programs are for lay and ordained Christians who:

- Are adults at least eighteen (18) years of age and of spiritual and emotional maturity
- Want to deepen their relationship with the living Christ
- Want personal support in deepening their skills and sensibilities regarding spiritual disciplines
- Desire an integrative body-mind-spirit approach and an experiential-mentor model of formation
- Wish to learn in an ecumenical environment through the Christian story and its symbols
- Are willing to honor all human experience as having a place in God's revelation
- Are interested in a contemplative, life-affirming approach to spirituality.
- Sense a calling to learn the art of spiritual formation and/or spiritual direction ministry

**References**

Provide the name, title, address, email address and telephone number of two references:

1. A pastor or leader from your community/congregation
  2. A personal reference who can speak to your character and readiness for a program in spiritual leadership/spiritual direction
- Please contact these persons and send them a copy of the "Qualities of Applicants" above and ask them to submit letters of recommendation on your behalf. Please have the letters sent to you (the applicant) in sealed envelopes. Once you have these in your hand, we'd love to schedule an interview. Please bring both sealed recommendations and the application fee with you to the interview.

**Application Fee**

The one-time, non-refundable Application Fee is \$100. Early application fee, if completed by July 15, is \$75. **NOTE:** Please make checks payable to **HeartPaths**, with a note about application fee in the memo line.

Send completed application by email (above) or mail.

**HeartPaths DFW**  
**Ms. Cindy Alexander**  
**2606 Woodland Ct.**  
**McKinney TX 75070**

# HEARTPATHS DFW APPLICATION FOR FALL OF \_\_\_\_\_ (YEAR)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (Cell) \_\_\_\_\_ (Home) \_\_\_\_\_

Email address \_\_\_\_\_

Religious Affiliation/Congregation: \_\_\_\_\_

Are you a clergy member \_\_\_\_\_ or a layperson \_\_\_\_\_ (please check)?

Emergency contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**Which is your preference for weekly group attendance?** Check and circle your first choice and then check ALL other times/places you could be available for group sessions.

Richardson campus (Community Christian Church, 1300 Holly Drive at Mimosa, 75080)

\_\_\_\_ Thursday morning

\_\_\_\_ Friday morning

\_\_\_\_ Thursday evening

Fort Worth campus (First Presbyterian Church, 1000 Penn St., 76102)

\_\_\_\_ Thursday morning

\_\_\_\_ Friday morning

Lewisville/Coppell (Vista Ridge United Methodist Church, 2901 Denton Tap, Lewisville, 75077)

\_\_\_\_ Monday daytime

McKinney campus

\_\_\_\_ Tuesday daytime

If none of the above times/places would work for you, what options would be possible for you?  
(Please note that we are limited to Thursdays & Fridays at the Richardson and Fort Worth sites.)

\_\_\_\_\_

## Names of References: (letters to be mailed in sealed envelope to you, the applicant)

Name \_\_\_\_\_

Title \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Name \_\_\_\_\_

Title \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

The questions on the following page are designed to assist the faculty in getting to know you in terms of background, experience, and your expectations as they relate to our program. We consider your answers private, and we will not share them with anyone outside the HeartPaths DFW leadership without your permission. Take as much space as you need for each question.

1. Briefly, tell us about your spiritual background.
2. What types of spiritual disciplines do you currently practice?
3. Have you ever been in spiritual direction? Are you currently seeing a spiritual director? Please tell us about your experiences.
4. What are you looking for and what do you hope to receive from this program?
5. How do you expect to use this training?
6. What questions do you have for us at this time?
7. Please tell us how you heard about HeartPaths - Friend? Faculty member? Pastor? Letter? Internet search? Other?