



# HeartPaths DFW

## Certificate Programs in the Arts of Spiritual Leadership and Spiritual Direction

NEW GROUPS AVAILABLE THIS FALL IN SEVERAL DFW LOCATIONS

### Program Overview

In 1982 HeartPaths began training Spiritual Directors in Oklahoma. This training has been presented annually in the Dallas-Fort Worth metroplex since 2006.

**HeartPaths DFW** is open to participants who sense a gift and calling to spiritual leadership and/or spiritual direction ministry, desire a personal spiritual discipline and want to learn to deepen their skills and sensitivities. Participants include laity and ministry professionals who learn in an ecumenical environment through the Christian story and its symbols. Participants must be willing to honor all human experience as having a place in God's revelation and be interested in a contemplative, life-affirming approach to spirituality.

### Year One: September – May NINE MONTH PROGRAM

#### Contemplative Prayer and Meditation

- Weekly group sessions
- Individual spiritual direction
- Eight Saturday seminars
- Reading and reflection papers
- A closing project

### Year Two: September - May

#### The Spiritual Exercises of Ignatius Retreat in Daily Life

- Weekly group meetings
- At home prayer exercises
- Individual spiritual direction
- Six 4-hour seminars

### Year Three: June – May

#### Practicum in Spiritual Direction

- Eight Saturday seminars
- Reading and reflective papers
- Individual spiritual direction
- Supervision groups
- Completion of Practicum Project

### Program Costs

Fees include one-time application fee, annual tuition and a small materials fee. Current fees will be given upon inquiry.

### Year One

#### When

1. Seminar Days, one Saturday/month
2. Small Groups for Prayer and Meditation meet weekly for 90 minutes.
3. Spiritual Direction, 1 hour a month

#### Where

**Campuses for small group meetings available in Richardson, Fort Worth, Lewisville and McKinney.**

Participants are organized in small groups with a choice of meeting times and days. Depending on location, class size and need, groups meet Monday, Tuesday, Thursday mornings and Friday mornings; and Thursday evenings,

### **Application and Information**

Visit us at [www.heartpathstraining.com](http://www.heartpathstraining.com). Contact Faculty at **682-587-7875** or email [heartpathstraining@gmail.com](mailto:heartpathstraining@gmail.com) for more details or to request an application. Gatherings to provide information and meet faculty are held each spring; call for details.